

las
IGUANAS

LUNCH MENU



MAIN COURSE & A DRINK £9.95




LUNCH

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£9.95

DRINKS

- COCA-COLA** 118kcal
DIET COKE 5kcal
NEW FANTA 101kcal
LEMONADE 51kcal
WATER 0kcal Sparkling or still.
CORONA 4.5% Bottle. add 3.00

MOCKTAILS

-  **PINK LEMONADE** 40kcal
Strawberry, lemon, lemonade.
 **APPLE MOJO-LESS** 42kcal
Mint, lime, apple, soda.
 **TROPICAL COOLER** 69kcal
Mango, pineapple, lime, lemonade.



V Vegetarian VG Vegan
PB Plant based GF Gluten free

Any allergies/intolerances? Please let your server know. We haven't listed all of the ingredients in every dish. Adults need around 2000 kcal a day. Plant based dishes are made with vegan ingredients but cooked in the same fryer as dairy products • All dishes are prepared & cooked in kitchens where allergen ingredients (e.g. nuts, flour etc) are commonly used & we therefore cannot guarantee our dishes will be free from traces of these products • Some dishes may contain bones • Country of origin indicates style of cooking • Our chicken is Halal • We aren't responsible for stolen or lost items • We may need to substitute an equivalent ingredient subject to availability • We may need to change or withdraw this menu from time-to-time due to local events • Our policy is that only guests who can prove they are 18 & above can be served alcohol for their own consumption • Red Bull not recommended for under 16s • An optional service charge may be applied to your bill dependent on party size & location.

MAINS

CLASSIC CHILLI

Served with spring onion rice, corn tortilla chips, sour cream & pink pickled onions.

- **NEW Sweet potato, squash & beans** 406kcal V ASK FOR VG
- **Rich beef & black bean** 649kcal ASK FOR GF

NEW ENSALADA ASADA 382kcal V VG GF

Roast beetroot, squash, peppers, spinach & lettuce on a bed of cumin hummus, topped with sweet chilli pearls, toasted pumpkin seeds & radish.

NEW ENCHILADA

Baked tortilla stuffed with Mexican rice, black beans, crunchy slaw & cheese, served with smoky chipotle sauce & refried beans.

- **Squash, peppers & spinach** 951kcal V
- **Smoky chipotle chicken** 1449kcal

BURRITO

Grilled tortilla stuffed with Mexican rice, black beans, crunchy slaw & cheese, served with salad, sour cream, guacamole & tomato salsa.

- **Squash, peppers & spinach** 747kcal V ASK FOR VG
- **Smoky chipotle chicken** 1245kcal

MEXICAN TOASTIE

Ciabatta bread smothered with garlic butter, topped with caramelised onion & cheese & oven baked to perfection, served with salad.

- **Smoky chipotle chicken** 916kcal
- **Chipotle beef** 901kcal

+ ADD FRIES

Straight cut fries 408kcal V PB

add £3.00

ADD TAPAS

£3.95 EACH

NACHOS 447kcal V ASK FOR VG ASK FOR GF

Our homemade corn tortilla chips with cheese, pico de gallo, jalapeños, tomato salsa, sour cream & guacamole.

PATATAS BRAVAS 504kcal V PB

Crispy cubes of potato with aioli & smoky chipotle sauce.

QUESADILLAS

Cheese-loaded tortilla, pan-toasted & served with aji salsa.

- **NEW Squash & black beans** 530kcal V
- **Smoky chipotle chicken** 604kcal
- **Shredded chipotle beef** 576kcal